

**CSD Wellness Committee  
Organizational Meeting  
Tues. Aug. 20, 2013  
10:00 a.m., CES**

**Invited:** Mindy Donovan, Emily Dorwort, Holly Evans, Kim Gullickson, Debbie Johnson, Linda Johnson, Sandy Mundlien, Kelli Pazour, Cassie Pearson, Rebecca Reimer, Jerry Rhodes

**Attended:** Mindy Donovan, Emily Dorwort, Holly Evans, Debbie Johnson, Linda Johnson, Sandy Mundlien, Kelli Pazour, Cassie Pearson, Rebecca Reimer, Jerry Rhodes

**I. Introductions**

**II. Purposes of Group**

- 1) Continue the work of the previous Healthy Schools Committee
- 2) Promote healthy living for students, staff, and community
- 3) Review policies/procedures so that they reflect the philosophy of a:  
Healthy School Program through the Alliance for a Healthier Generation

**III. Healthy School Program through the Alliance for a Healthier Generation**

--Lucas Giese/D. Johnson/K. Senger-met last spring

LGiese and DJohnson gave a brief over-view of the meeting held last spring.

--Training Dates/Times when Kari will be coming to the CSD

-To be in attendance: Lucas, Holly, Jerry, & Linda

Early Dismissal Days

Fri. Sept. 20 from 1:30-3:30 p.m.

Fri. Dec. 13 from 1:30-3:30 p.m.

Fri. March 7 from 1:30-3:30 p.m.

**IV. Summer Training-Linda, Holly, Jerry**

LJohnson gave a brief summary regarding the training and review of CSD's Wellness Policy AE

**V. CSD Wellness Policy-Linda**

LJohnson reviewed the CSD Wellness Policy and the SD Model Wellness Policy.

**VI. Meetings-When/Where and How Often?**

DJohnson will contact KSenger to see if our next meeting could be held in conjunction with the training on Sept. 20.

**VII. Other Topics**

Assignment for all committee members before next meeting: 1) Review CSD Wellness Policy, 2) Review SD Model Wellness Policy, 3) Check out some of the resources on the "Action Plan online Resources" information sheet. 4) Bring ideas and possible activities to the next meeting.

**VIII. Closure**

**CSD Wellness Committee**  
**Fri., Sept. 20, 2013**  
**2:45 p.m., CMS Health Classroom**

**Invited:** Mindy Donovan, Emily Dorwort, Holly Evans, Kim Gullickson, Debbie Johnson, Linda Johnson, Sandy Mundlien, Kelli Pazour, Cassie Pearson, Rebecca Reimer, Jerry Rhodes

**Attended:**

- I. Introductions**
- II. Purposes of Group**
  - 1) Continue the work of the previous Healthy Schools Committee
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- III. Training Dates/Times when Kari will be coming to the CSD**

**-To be in attendance: Lucas, Holly, Jerry, & Linda**  
**Early Dismissal Days**  
**Fri. Sept. 20 from 1:30-3:30 p.m.**  
**Fri. Dec. 13 from 1:30-3:30 p.m.**  
**Fri. March 7 from 1:30-3:30 p.m.**
- IV. Today's Committee Work**
  - 1) Review CSD Wellness Policy and SD Model Wellness Policy  
Comments/Revisions
  - 2) Comment on some of the resources on the "Action Plan online Resources" information sheet.
  - 3) Bring ideas and possible activities to the next meeting.
- V. Next Meeting Date: Dec. 13 (unless the group decides otherwise)**
- VI. Closure**